

"Continuum of care" and "vertically integrated services" are other ways to say patients can move up and down in levels of treatment within CODA programs as their needs change.

Tina's use of marijuana , benzodiazepines and alcohol caused her to lose her partner, her job and then custody of her two-year-old child, who was placed with a foster family. Tina, 25, came to CODA where she received detoxification services at the Tigard Recovery Center, then went on to intensive outpatient care at Hillsboro Recovery Center. For the first time in years, she was safe, healthy, sober and able to care for her child. Then she relapsed. But Tina now knew that she had a chance for a very different life. She went back to work on reaching recovery, spending nearly a year in Gresham Recovery Center's residential program. She reunited with her daughter, receiving

support in parenting and caring for a child with complex health problems. Tina moved to Stepping Stones, CODA's transitional housing for women with children in Aloha, and is working her long-range plan of completing intensive and regular outpatient treatment so that she can have a home of her own, and give her daughter the childhood she never had.

Jack, 43, was homeless and using heroin last year when he came to the Clackamas Recovery Center through Drug Court. As he worked to repair his health, Jack needed a place to live where he could protect his recovery. With CODA's help he moved into substance-free, Oxford-style

housing. Instead of a life in prison or on the streets, Jack has a part-time job and is paying rent, with access to the ongoing support he needs to maintain his recovery as a CODA outpatient.

Michelle's mental health problems caused angry, violent behavior that left her unable to work and isolated from her family. Her mental health treatment needs came to light when her dependence on opioid painkillers after a car accident brought her to CODA for help at age 34. The medicine and counseling she receives through Portland Recovery Center has helped her understand how anger was affecting her health and those around her .

(Names and details changed for privacy.)



Compassionate evidence-based care for people whose health and quality of life are compromised by alcohol, drug and mental health conditions.



Meeting patients **wherever** they start.
Staying with patients **every step of the way**
as they move through integrated levels of care.

Original watercolor by Julie Notarianni

RECOVERY is often made up of many different pieces.

CODA's treatment programs, services and housing fit together, allowing patients to work toward recovery, maintain health or rebuild when challenges have interrupted recovery.

